CORONAVIRUS COVID-19 INFORMATION AND GUIDELINES

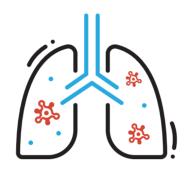
WHAT IS CORONAVIRUS?

The coronavirus (COVID-19) is the virus causing a new infectious disease, which was unknown before the outbreak in Wuhan (China) in December 2019.

WHAT ARE THE SYMPTOMS?







Symptoms resemble those of the flu.

The infection remains mild for the majority of cases.

HOW DOES THE VIRUS SPREAD?

A normal mask does not protect against contamination.





The virus is spread via respiratory droplets expelled when a person coughs or sneezes.

HOW TO PROTECT YOURSELF?



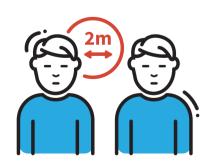
Wash your hands regularly and properly with water and soap.



Cough or sneeze into the crease of the elbow or in a tissue.



Avoid shaking hands or kissing.



Avoid close contact with sick people.



Stay home if you are sick. Don't go to work or school.



Avoid touching your face with your hands.